



Registration for *Virtual Memory Walk*

Participation is simple: Fill out the form below and call 242-828-6774 or send request to bahamasalzheimers@gmail.com, or call 376-4752 or pick up your flower between the hours of 10am – 2pm on Saturday 4th September at Juanita’s Shop on Blue Hill Rd, just north of Wesley Methodist church on the western side of the road. (white with green trim)

Registration fee is twenty dollars (\$20.00) and each registrant will receive a “flower”. Select a color flower that represents you.

Flower Colour Meaning

Green – I care for someone with Alzheimer’s/dementia

Blue – I have Alzheimer’s/dementia

Yellow – I support The Bahamas Alzheimer’s Association

Red - I know someone with Alzheimer’s/dementia

Purple - I lost someone to Alzheimer’s/dementia

Orange I support the hope for a cure

Virtual Walk Day

Any time before 1 pm on September 18th take your walk. You can make it as long or as short as you like. Walk around the house, or around the block; any distance you choose. Take pictures of your walk, holding your flower and post on your social media pages with the hashtag [#TBAAVirtualWalk2021](https://twitter.com/TBAAVirtualWalk2021) or [#AlzWalkBahamas2021](https://twitter.com/AlzWalkBahamas2021).

Memory Garden

Between the hours of 9am – 1pm we ask that you bring your flowers to the Memory Garden at the Central Bank, on Frederick Street lawn, where they will be “planted”. At 2pm we will take a picture of the 1st ever Bahamian Alzheimer’s and Dementia Memory Garden as we remember those who continue to fight the battle with Alzheimer’s and dementia, and those who care for them.

Name _____ Phone _____ email _____
(please print)

Flower colour _____

P.O. Box N-4089 • Nassau, The Bahamas • 242-828-6774

www.bahamasalzheimersassociation.org • info@bahamasalzheimersassociation.com